



Dr.Taya Stanley was raised in the Sierra Foothills of California near the Emigrant and Carson Iceburg wilderness areas. Her upbringing fostered a strong love for the human spirit and respect for nature, its beauty, power, intrinsic balance and ability to heal.

At the University of California, Santa Cruz her research on the relationship between external influences on internal psychology and perception led her to be awarded Highest Honors in Anthropology in 1997.

From 1997 to 2005 she lived in both Europe and the United States working as the International Coordinator and Training Consultant for Sundoor School of Transpersonal Education. During this time she completed her graduate studies at the Japanese founded Institute of Acupuncture & Integrative Medicine College Berkeley and Five Branches University, School of Traditional Chinese Medicine. After finishing her studies with an internship at Hong Zhao Medical University in China, she achieved a Masters of Science in Traditional Chinese Medicine specializing in Medical Qigong, becoming a Nationally Accredited Diplomat in the field, State Licensed Acupuncturist and Primary Health Care Provider.

In 2005, she began to work in The Yellow Mountain Institute with Dr.Barbara Briner. Through the Institute they offer [seminars and classes](#) in both United States and Europe. In 2006 she and Dr.Barbara Briner began to offer their services to the foothill communities through [The Sierra Acupuncture Integrative Health Center](#)

. The Center offers itself as a health resource for the local community, as well as a teaching Center for graduates of the Yellow Mountain Institute and Sundoor.

Today Taya splits her time between seeing clients and teaching locally, at the Sierra Acupuncture Center, and teaching abroad. She achieved a Doctor in Acupuncture and Oriental Medicine DAOM with Five Branches University. She and Dr.Barbara Briner are currently working on a book focusing on the confluence of western medicine, modern psychology and Eastern teachings on health and the human spirit.